



Kent County Amateur Swimming Association

Kent County ASA Junior Meet 2026 License Number – 3SE261003

Saturday 24th October PM & Sunday 25th October All Day
Tunbridge Wells Sports Centre, 210 St John's Road, Tunbridge Wells, TN4 9TX

Upper Limit Times (Short Course)

Converted Long Course times to Short Course using the Swim England Equivalent Performance Tables. Ages are as of 31st December 2026. Entries must be the fastest time achieved since 1st June 2025. Entries must not be faster than the following times.

Female

Event	10	11	12	13	14
50 Freestyle	00:33.20	00:31.40	00:30.40	00:29.80	00:29.60
100 Freestyle	01:12.50	01:07.50	01:04.50	01:03.50	01:03.50
50 Breaststroke	00:43.80	00:41.40	00:39.80	00:38.80	00:38.80
100 Breaststroke	01:35.50	01:29.00	01:25.00	01:22.50	01:22.50
50 Butterfly	00:38.00	00:35.20	00:33.80	00:33.00	00:32.60
100 Butterfly	01:29.00	01:20.00	01:16.50	01:13.00	01:13.00
50 Backstroke	00:39.00	00:36.60	00:35.40	00:34.40	00:34.20
100 Backstroke	01:22.50	01:17.00	01:14.50	01:12.00	01:12.00
200 Individual Medley	02:58.00	02:47.00	02:40.00	02:35.00	02:35.00

Open/Male

Event	10	11	12	13	14
50 Freestyle	00:33.80	00:31.80	00:29.60	00:28.00	00:27.20
100 Freestyle	01:13.50	01:08.50	01:03.60	01:00.00	00:58.00
50 Breaststroke	00:46.00	00:42.60	00:39.40	00:37.00	00:36.40
100 Breaststroke	01:39.00	01:31.50	01:24.50	01:19.00	01:18.00
50 Butterfly	00:39.00	00:36.40	00:33.60	00:31.40	00:30.00
100 Butterfly	01:32.00	01:22.50	01:14.50	01:10.00	01:05.50
50 Backstroke	00:40.00	00:37.20	00:34.60	00:33.00	00:32.20
100 Backstroke	01:24.50	01:19.00	01:12.50	01:10.00	01:07.00
200 Individual Medley	03:01.00	02:48.00	02:37.00	02:28.00	02:25.00

There are no Upper Limit Times for para swimmers.